

Year 6 Discovery RE

WHAT IS THE BEST WAY FOR MUSLIMS TO SHOW COMMITMENT TO GOD?

Islam is the second most popular religion in the world with over a thousand million followers. Islam began in Arabia and was revealed to people by the Prophet Muhammad (peace be upon him). Those who follow Islam are called Muslims. Muslims believe that there is only one God, called Allah. Islam is mainly followed in the Middle East, Asia, and the north of Africa.



Sacred text	Quran
Place of worship	Mosque
Place of pilgrimage (Hajj)	Mecca in Saudi Arabia

The Five Pillars of Islam

Shahadah: declaration of faith—"I bear witness that there is no god, but God; I bear witness that Muhammad is the prophet of God." By reciting this, one enters Islamic faith.

Salah: prayer—Muslims are required to pray five times a day, washing themselves before prayer and facing in the direction of Mecca while praying.

Zakat: giving a fixed proportion to charity—Muslims are required to give away a percentage of their earnings to those less fortunate, regardless of their religion.

Saum: fasting during the month of Ramadan—Muslims fast for one lunar month each year, a period called Ramadan. During this time, Muslims reflect on their behaviour and strive to purify their thoughts.

Hajj: pilgrimage to Mecca—If it is financially possible, Muslims are required to travel to Mecca once in their lifetime.