



ANIMALS - digestion

Healthy Lifestyle
Blanaced diet
Hygine

Key Vocabulary:

carbohydrates - food group, body's main source of energy

carnivores- meat eater

digestive system - breaks down the food you eat excretion - discharging waste

fats - food group, source of fatty acids incisor - cutting tooth, front of the mouth and flat edged

intestine - long continuous tube running from the stomach, absorption of nutrients and water herbivores - animals that only eat plants nutrition - nutrients in food molar - large flat teeth at the back of the mouth producers - organisms that produce their own food

protein - food group, nutrient predators - an animal that preys on others prey

starchy foods - food group, rice, pasta bread, potatoes

Food is a source of fuel that gives us energy.

Mrs Gren can be used to help us remember the seven things that describe a living thing.



We have different teeth that do different jobs. Tearing teeth, biting teeth and grinding teeth.

Minerals and vitamins are supplements.

Blood carries food and air all over our body.

Blood moves around our body in little tubes.

The heart pumps blood all around our bodies.

Arteries carry blood away from the heart, are made of muscle and are very strong.

Veins bring blood back to the heart.

